The Continuing Education Department at Northeast Texas Community College offers a variety of learning opportunities for members of the community. From personal enrichment classes to training for a new career, there are many non-credit options to choose from. The following courses will be offered through the Continuing Education department beginning in January 2012:

**Aikido:** Interested in an introduction to a traditional Japanese martial art? Aikido is based on blending with and redirecting an attacker’s energy, utilizing wrist locking, throwing, and immobilization techniques. Falling, rolling, stretching, and relaxation exercises, as well as history and philosophy are included. Students will gain self-defense skills, mental focus, and self-confidence. No prior experience necessary. 6:00-7:30 pm on Tuesday and Thursday evenings in the FIT Center beginning January 17. Instructor: Sensei Ann Finch; Tuition and Fees - $99.00

**Basic Firearm Safety:** Recommended for the novice or one without recent experience with handguns and/or for those planning to enroll in a Concealed Handgun License class. Learn how to choose, inspect, and maintain the different type handguns. This course will help expand your skills and attitude necessary to own and use a specific handgun safely. 6:00-9:00 pm on Thursday, January 12, at the Criminal Justice Center. Instructor: Boake Slape; Tuition and Fees - $40.00

**Beginning Excel Spreadsheet:** This 3-week class offers a complete survey of Microsoft Excel introductory skills. Topics covered include entering and editing entries, selecting cells and ranges, creating and modifying basic formulas, formatting worksheets, and more. 6:00-9:00 pm on Thursday evenings at the Industrial Technology Training Center in Mt. Pleasant beginning January 26 or Tuesday evenings at the Hanson-Sewell Center in Pittsburg beginning January 31. Instructor: Linsey Harwell; Tuition and Fees - $60.00 (includes book)

**Certified Nurse Aide:** This 9-week course is designed to prepare students to take the state certification test with NACES. This 80-hour course prepares entry level nursing assistants to achieve a level of knowledge, skills, and abilities essential to provide basic care to residents of a long-term care facility. Classes are scheduled to begin Tuesday, January 24. Tuition and Fees - $325.00

**Country Western Dance-Beginning:** Learn how to 2-step, 3-step, the country waltz, and the cowboy cha-cha. Anyone with or without partners can learn and/or improve their dance skills. Don’t miss out on the fun! 6:30-8:00 pm on Thursday evenings at the Hanson-Sewell Center in Pittsburg beginning January 26. Instructor: Carolyn Anders; Tuition and Fees - $50.00

**Concealed Handgun License:** Learn basic firearm safety, Texas concealed handgun laws, choosing a weapon and holster, and shoot/don’t shoot scenarios. 8:00 am-7:00 pm on Saturday, January 14, at the Criminal Justice Center. 1:00-7:00 pm for recertification. Instructor: Boake Slape; Certification Tuition and Fees - $120.00; Recertification Tuition and Fees - $70.00

**CPR for Healthcare Provider:** This 8-hour class is designed to provide basic CPR certification for healthcare professionals or students who plan to pursue a healthcare occupation. The class will include learning how to recognize several life-threatening emergencies, how to provide CPR to victims of all ages, and how to use an AED. 8:00 am-5:00 pm on Saturday, January 28. Instructor: Casey Sanders; Tuition and Fees - $50.00

**Electrician Mandatory Update:** This course provides a review of the latest edition of the National Electrical Code including notable code revision as well as electrical licensing requirements and state laws and rules that regulate the conduct of licensed electricians. This course is required to be completed every year prior to license renewal. 6:00-10:00 pm on Monday, January 9, at the Industrial Technology Training Center in Mt. Pleasant. Instructor: Earl Hale; Tuition and Fees - $52.00
Firefighter Academy: This 42-week training program is approved by the Texas Commission on Fire Protection to provide fire-fighter training. Topics studied will include TCFP rules and regulations, firefighter safety, fire science, personal protective equipment, self-contained breathing apparatus, and fire reports and records. The 2012 Firefighter Academy begins Wednesday, January 18. Fire Academy Coordinator: Chief Larry McRae; Tuition and Fees - $1,420.00 (does not include uniform, equipment, supplies)

“Flirty Girl” Cut-Loose Cardio: Have fun with this get fit and feel fabulous cardio work-out! Learn the moves, music, and magic of this amazing dance style. An easy to learn dance routine with the perfect combination of cardio and strength training that centers on working multiple muscle groups through focused choreography. 6:30-7:15 pm on Monday and Wednesday evenings in the FIT Center beginning January 18. Instructor: Angela Scoggins; Tuition and Fees - $60.00

Self Defense for Women: Are you prepared to defend yourself if the need arises? Don’t wait to become a victim. Enroll in this class and learn some basic techniques of self defense. 6:00-9:00 pm on Tuesday, January 10, at the Criminal Justice Center. Instructor: Boake Slape; Tuition and Fees - $40.00

MIRROR Classes: Mirror classes are defined as classes which are offered by Northeast Texas Community College for college credit but are often taken by individuals who do not desire formal college credit. The goal of these persons is to obtain the knowledge for personal enrichment or career enhancement. The tuition and fees will be equivalent to the college’s credit tuition and fee schedule; however, mirror classes do not require formal enrollment in the college. If you are interested in “mirroring” a credit class, contact the Continuing Education department at 903-434-8134.

On-Line: Education To Go (ED2GO): Too busy to take time to attend class? Want to learn a skill in six weeks? Self-paced, instructor-led Education To Go courses are offered to provide students with the opportunity to work at their own pace at their own convenience. Each course runs for six weeks and consists of twelve lessons. The lessons are supplemented by interactive quizzes, assignments, tutorials, and online discussion areas. All material will be made available to you over the World Wide Web. Read the lessons and ask questions of your instructor at times that are most convenient to you. Any student with Internet access and a web browser can participate. For more information about ED2GO classes, contact the Continuing Education department at 903-434-8134 or visit http://www.ed2go.com/.

Classes are continuously being planned for the semester and will be added month-to-month. Suggestions for new courses are always appreciated. To register for any Continuing Education Class or for more information, please call 903-434-8134 or stop by the CE office in BT 111.