

Post-Test Analysis

Instructions for assignment:

1. **Consider** the seven, common, point-losing issues below.
2. **Estimate** the number of points you lost on your last test for each problem area.
3. **Analyze and identify** (column 3) the causes contributing to the problem area(s). Circle all that apply.
4. **Describe** the solution you will implement as you prepare for the next test.

Problem	Points Lost	Analysis of Cause(s)
<p>Problem 1: I didn't study some of the information or skills covered on the test.</p> <p>SOLUTION:</p>		Inadequate/incomplete review Tried to cram Lecture notes inadequate Didn't complete reading assignments Didn't do practice problems Unable to identify major concepts Did not review notes regularly Didn't take time to self-quiz What else?
<p>Problem 2: Although I studied the information or skills covered on the test, I got the questions wrong or did not understand what the instructor was asking.</p> <p>SOLUTION:</p>		Used too few study tools Studied too narrowly Didn't self-quiz Didn't make associations or connections Didn't try to learn material in multiple forms Too little time studying Tried to rely on memorizing only Didn't recognize material referred to Never verbalized or visualized material What else?
<p>Problem 3: I wasn't good at answering the kind of questions on the test.</p> <p>SOLUTION:</p>		Didn't review strategies in textbook for specific types of test questions Talked negatively to self Haven't practiced constructing and answering specific types of questions What else?

<p>Problem 4: I didn't follow the directions.</p> <p>SOLUTION:</p>		<p>Didn't listen while instructor reviewed test Didn't circle/underline instruction words Didn't check over test before turning in What else?</p>
<p>Problem 5: I ran out of time and lost points for questions I could have answered.</p> <p>SOLUTION:</p>		<p>Failed to set and stick to time limit for each section of test Don't know how to make a time budget Bogged down with harder questions Failed to apply/ask for authorized accommodations What else?</p>
<p>Problem 6: I knew the answers but made careless mistakes.</p> <p>SOLUTION:</p>		<p>Rushed Didn't allow time to proofread Overlooked instructions Didn't read instructions Allowed distractions to disrupt focus Did not allow enough time for some questions What else?</p>
<p>Problem 7: I panicked and was too stressed to answer questions, even some for which I knew the answers.</p> <p>SOLUTION:</p>		<p>Lacked "test confidence" Knew study was inadequate Didn't know material really well Tried to cram Pulled an all-nighter Haven't dealt with test anxiety Listened to negative self-talk Didn't self-quiz Didn't have a test-smart plan Regretted not going to tutoring What else?</p>

"Points Lost" should total number of points lost on test.

In a paragraph, please evaluate your 5-day study plan in terms of its effectiveness in providing a structure for preparing for Test #1 and as a tool for mastering course material. Include your response to the following questions plus any additional observations you can make.

- **To what extent did you make use of the 5-day study plan to prepare for a test?**
- **How closely did you follow your plan? Were you able to make adjustments?**
- **On what basis did you divide the material for the test among the five days? (topics, chapters, dates of lecture, etc.)**
- **Was your planning sufficient to provide a time to study all of the material?**
- **Did having a structure and plan for your test preparation help you absorb more material through repetitive review over time? avoid procrastination? avoid test anxiety?**
- **How will you use or change the 5-day study plan to be even more effective when preparing for the next test?**