

COVID-19

What to do if you test positive or have been exposed.

Scenario #1

I have tested positive for COVID-19 & I have symptoms.

Self-isolate per CDC guidelines until:

- 10 days after symptoms first appeared
- It has been 24 hours since you last had fever without using fever-reducing medications
- Other symptoms of COVID-19 are improving.

Scenario #2

I have tested positive for COVID-19, but don't have symptoms

If you remain symptom free, you should self-isolate until 10 days have passed since you had a positive test for COVID-19.

If you develop symptoms, follow the instructions for Scenario #1.

Scenario #3

I have been around someone who has tested positive for COVID-19

Were you within 6 ft of the infected person for at least 15 minutes over a 24-hour period?

YES

NO

Are you fully-vaccinated against COVID-19 or have recovered from COVID-19 in the last 3 months & remain symptom free?

YES

NO

You do not have to self-isolate, but should consider getting tested within 3-5 days after exposure & wear a mask until you are sure you do not have COVID-19.

You should self-isolate for 14 days after the last exposure to the infected person unless you provide a negative test taken 3-5 days after exposure.

Don't forget to self-report if you test positive for COVID-19 or have been in close contact (as defined in Scenario #3):



EMPLOYEE FORM



STUDENT FORM

**Red boxes indicate situations where self-isolation is needed.*

N **NORTHEAST TEXAS**
COMMUNITY COLLEGE

More information at www.ntcc.edu/covid-19