



focused

# PHED 1306 First Aid and Safety

Course Syllabus: Fall 2024 1<sup>st</sup> 8 weeks

“Northeast Texas Community College exists to provide responsible, exemplary learning opportunities.”

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| Office Hours | Monday         | Tuesday       | Wednesday      | Thursday      | Friday              | Online         |
|--------------|----------------|---------------|----------------|---------------|---------------------|----------------|
|              | 9:00am-11:00am | 7:30am-8:00am | 9:00am-11:00am | 7:30am-8:00am | By Appointment Only | By Appointment |

*The information contained in this syllabus is subject to change without notice. Students are expected to be aware of any additional course policies presented by the instructor during the course.*

**Catalog Course Description:** This course is designed to develop the knowledge and skills necessary to be effective as a civilian NON-CERTIFIED first responder to minor accidents, injuries, and sudden illness. Caregiving skills while formal medical response is enroute will be taught as well as accident prevention principles will be also included. THIS COURSE IS NOT A CERTIFICATION OF FORMAL MEDICAL TRAINING AND AS SUCH, DOES NOT AUTHORIZE THE PRACTICE OF ANY MEDICAL PROCEDURES WITHOUT THE SPECIFIED DIRECTION OF A PHYSICIAN. Any liabilities incurred by the student for any such Responder action(s) will be the sole responsibility of the student as a GOOD SAMARITAN, but NOT as a certified or licensed First Responder. Certification/License of that kind requires more/different training that is authorized by the Texas Department of Health Services and/or the Texas Department of Licensing and Regulation.

**Required Textbook(s):** Responding to Emergencies, New and Revised edition, 2012

**Publisher:** American Red Cross, Krames Stay Well Publishers

**ISBN Number:** 978-1-58480-554-0

**Recommended Reading(s):** None

### Student Learning Outcomes:

1. Students will be able to explain the workings of the systems in the human body particularly those systems, which are likely affected in emergency care.
2. Students will recognize and meet the needs of emergency situations including (but not limited to) first aid care, emergency assistance, life support skills, EMS protocols, CPR, and AED.
3. Students will be able to justify layperson and professional roles and responsibilities in emergency situations including but not limited to legal ramifications, barriers in action, requirements for action, and psychological responses.
4. Students will be able to explain and demonstrate skills for treating victims including but not limited to musculoskeletal injuries, bleeding, choking, and environmental emergencies.
5. Students will explain and demonstrate skills for respiratory distress including but not limited to CPR, rescue breathing, obstructed airway, and usage of an AED device.
6. Students will promote safety and preventative educational methods that reduce the risk of injury, accidents, and life-style related diseases.



**Student Responsibilities/Expectations:**

If you attend this class or a portion of this class on-campus then class etiquette dictates that you will:

1. Attend class each time the class meets.
2. **Be on time** for class and **remain for the entire period**. You may not receive credit if you do not attend all sessions.
3. Refrain from talking while the professor is lecturing. Idle chattering and giggling are disruptive to the class and disrespectful to your professor and your classmates.
4. Be attentive and participate in class.

**NTCC Academic Honesty Statement:**

"Students are expected to complete course work in an honest manner, using their intellects and resources designated as allowable by the course instructor. Students are responsible for addressing questions about allowable resources with the course instructor. NTCC upholds the highest standards of academic integrity. This course will follow the NTCC Academic Honesty policy stated in the Student Handbook."

**Academic Ethics**

The college expects all students to engage in academic pursuits in a manner that is beyond reproach. Students are expected to maintain complete honesty and integrity in their academic pursuit. Academic dishonesty such as cheating, plagiarism, and collusion is unacceptable and may result in disciplinary action. Refer to the student handbook for more information on this subject.

**ADA Statement:**

It is the policy of NTCC to provide reasonable accommodations for qualified individuals who are students with disabilities. This College will adhere to all applicable federal, state, and local laws, regulations, and guidelines with respect to providing reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to arrange an appointment with a College counselor to obtain a Request for Accommodations form. For more information, please refer to the NTCC Catalog or Student Handbook.

**Family Educational Rights And Privacy Act (Ferpa):**

The Family Educational Rights and Privacy Act (FERPA) is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education. FERPA gives parents certain rights with respect to their children's educational records. These rights transfer to the student when he or she attends a school beyond the high school level. Students to whom the rights have transferred are considered "eligible students." In essence, a parent has no legal right to obtain information concerning the child's college records without the written consent of the student. In compliance with FERPA, information classified as "directory information" may be released to the general public without the written consent of the student unless the student makes a request in writing. Directory information is defined as: the student's name, permanent address and/or local address, telephone listing, dates of attendance, most recent previous education institution attended, other information including major, field of study, degrees, awards received, and participation in officially recognized activities/sports.

## Alternate Operations During Campus Closure and/or Alternate Course Delivery Requirements

In the event of an emergency or announced campus closure due to a natural disaster or pandemic, it may be necessary for Northeast Texas Community College to move to altered operations. During this time, Northeast Texas Community College may opt to continue delivery of instruction through methods that include, but are not limited to, online through the Blackboard Learning Management System, online conferencing, email messaging, and/or an alternate schedule. It is the responsibility of the student to monitor NTCC's website (<http://www.ntcc.edu/>) for instructions about continuing courses remotely, Blackboard for each class for course-specific communication, and NTCC email for important general information.

Additionally, there may be instances where a course may not be able to be continued in the same delivery format as it originates (face-to-face, fully online, live remote, or hybrid). Should this be the case, every effort will be made to continue instruction in an alternative delivery format. Students will be informed of any changes of this nature through email messaging and/or the Blackboard course site.

### COURSE SCHEDULE

| <u>DATE</u>    | <u>CONTENT</u>                  |
|----------------|---------------------------------|
| August 27th    | Intro/AED Scavenger Hunt        |
| August 29th    | Chapter 1, 2 & 3                |
| September 3rd  | Chapter 4 & 5                   |
| September 5th  | Chapter 6 & 7                   |
| September 10th | Chapter 8 & 9/ <u>Review #1</u> |
| September 12th | Test #1                         |
| September 17th | Chapter 10 & 11                 |
| September 19th | Chapter 12 & 13                 |
| September 24th | Chapter 14 & <u>Review #2</u>   |
| September 26th | Test #2                         |
| October 1st    | Chapter 15, 16, & 17            |
| October 3rd    | Chapter 18 & 19                 |
| October 8th    | Chapter 20 & 24 Review 3        |
| October 10th   | Test #3                         |
| October 15th   | Lab/ CPR Skills Day             |
| October 17th   | Lab/CPR Skills Day              |

NOTE: This course is an 8 week course. The course starts August 26th at the beginning of the semester and ends October 18<sup>th</sup>  
\*\*Should we be required to move to online by the college/State we will still need to meet for Skills checks but that will be scheduled with Social Distancing in mind with small groups.