



Shawn Hall

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“Northeast Texas Community College exists to provide personal, dynamic learning experiences empowering students to succeed.”

Institution	Major/Areas	Degree	Year(s)
Stephen F. Austin State	Kinesiology – Human Performance	Bachelor of Science - Kinesiology	2010-2014
Stephen F. Austin State	Kinesiology – Human Performance	Master of Science - Kinesiology	2014-2016

Teaching Experience:

Institution	Year(s)
Harts Bluff I.S.D. – Head Boys Coach/Physical Education	2017 - Present
Harts Bluff Early College High School – NTCC Adjunct	2020-Present

Courses Taught at NTCC (last 3 years):

1. PHED 1134 Walking/Jogging
2. PHED 1117 Body Conditioning
3. PHED 1164 Wellness for a Lifetime

Graduate School hands-on clinical experience with the following:

VO ₂ Testing
Lactate Threshold Testing
Body Composition Testing
Blood Pressure Testing
Wingate Anaerobic Testing
EKG (electrocardiogram)
Stress Testing
Exercise and Dietary Behavior
Self-Regulation and Executive Functioning
Thermoregulation and Environmental Stress
Hydration and Muscle Recovery
Completed Graduate School classes in Biomechanics, Exercise Physiology, Exercise and Dietary Psychology, Supplements and Ergogenic Aids in Society, Psychophysiology of Exercise and Sport, Lab Techniques in Exercise Science, and Health and Wellness Promotions.